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AMENDMENTS TO THE CLAIMS

1. (Currently amended) A process of producing a foam sheet comprising:

forming a foamable composition into a sheet having a thickness of 1  $\mu m$  to 10 mm, said composition comprising an acid or base generator that generates an acid or a base, respectively, due to an action of an active energy beam, said composition further comprising a compound that has a decomposing foamable functional group that decomposes and eliminates one or more types of low boiling point volatile substances by reacting with the acid or base;

irradiating the sheet with an active energy beam; and foaming the sheet; and irradiating the sheet with an active energy beam.

2. (Canceled)

3. **(Previously presented)** A process according to claim 1, wherein the sheet is foamed by heating as necessary and then irradiated with the active energy beam.

4. (Previously presented) A process according to claim 1, wherein the forming step comprises extrusion forming.

5. (Canceled)

6. (Currently amended) A process according to claim, 1 wherein the sheet is foamed by heating after irradiating with the active energy beam and heating.

7. (New) A process according to claim, 1 wherein the foamable composition is formed into a sheet having a thickness of 1  $\mu m$  to 100  $\mu m$ .

-2-